

# SAMPLE MENU



## MONDAY

### Lunch

Turkey Fricassee and rice accompanied with farmhouse vegetables, sweetcorn

Date and sultana sponge with custard

### Supper

Poached smoked haddock with bread and butter

Crème Caramel

## TUESDAY

### Lunch

Savouring mince pie with mashed potatoes, mashed swede and butter cabbage

Orange bread and butter pudding

### Supper

Sliced beef with bubble and squeak with pickle

Banana custard

## WEDNESDAY

### Lunch

Pork steak with grain mustard sauce, new potatoes, carrot batons and broccoli

Pear and lemon crumble and custard

### Supper

Egg and bacon flan with salad

Coconut rice pudding and diced mango

## THURSDAY

### Lunch

Roast chicken, stuffing, roast and mashed potatoes, cauliflower cheese and sprouts

Lemon meringue pie and cream

### Supper

Tomato soup and assorted sandwiches

Fruits of the forest cheesecake

## FRIDAY

### Lunch

Breaded haddock hollandaise sauce, peas, cherry tomatoes and new potatoes

Jam roly-poly and custard

### Supper

Chicken fillets and chips in the basket

Semolina and diced apricots

THE WEEKEND MENU FOLLOWS ON PAGE 2

# SAMPLE WEEKEND MENU

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## SATURDAY

### Lunch

Moroccan lamb with rice accompanied by diced carrots and green beans.

Iced doughnut and ice cream

### Supper

Split sausages and fried onions with rolls or baked beans

Chocolate mousse with mandarins

## SUNDAY

### Lunch

Roast beef, Yorkshire puddings, buttered cabbage, roasted squash with roast and mash potatoes

Sherry trifle

### Supper

Assorted sandwiches and crisps

Strawberries in jelly and cream

PLEASE NOTE: Alternatives are always available on request. Fresh fruit, salad and milk pudding are available each day as alternative deserts.